

**Package quantities**

Each tube contains 30g  
Anoheal<sup>®</sup> Cream.

Anoheal<sup>®</sup> Cream  
(Diltiazem hydrochloride 2%)

Please read this leaflet carefully before you start using Anoheal<sup>®</sup> cream.

It contains important information about your treatment.

Keep it in a safe place, you may want to refer to it again.

If you have any questions, or if you are not sure about anything, ask your doctor or pharmacist for advice.

Distributed by:

**HFA Healthcare Products Limited**

For medical information queries,

please call: **0844 335 8270**

INFORMATION  
FOR PATIENTS

**This treatment is not for use  
in children.**

## Your treatment

The name of your treatment is Anoheal®. It contains diltiazem hydrochloride 2%, plus other pharmaceutical ingredients required in its manufacture, including liquid paraffin, cetomacrogol emulsifying wax, propylene glycol, glycerol monostearate, phenoxyethanol and water.

Anal fissure causes pain and sometimes bleeding from the back passage (anus), particularly after a bowel movement. Applied to the affected area, diltiazem is thought to act by relaxing the anal muscles, so allowing increased blood supply to the surrounding tissues.

Since some other conditions cause these symptoms, it is important to visit your doctor for an examination before you start any treatment.

## Before using your treatment

- Do you think you might be pregnant?
- Are you breast-feeding?
- Are you allergic to diltiazem or any other ingredients of this preparation?
- Are you taking any medicines to reduce blood pressure?
- Do you have any problem with your heart?
- Are you taking other medications containing diltiazem, for example to treat high blood pressure or heart conditions?

**If the answer to any of these questions is YES, tell your doctor or pharmacist before using Anoheal® cream.**

## How to use Anoheal® cream

- Squeeze approximately 2-2.5 centimetres (about 1 inch) of the preparation from the tube onto your finger.
- Rub the cream in and around the anus (back passage) as instructed by your doctor.
- Apply the preparation in this way twice daily (morning and evening). Continue this treatment as directed by your doctor.

**This preparation is for external use only. Do not take by mouth.**

### Can I use Anoheal® cream with other medicines?

Tell your doctor or pharmacist about any other medicines that you are taking.

### Side effects

Side effects such as itching or soreness sometimes occur. If anything unusual happens, or the condition gets worse, consult your doctor.

### Remember

This treatment has been prescribed by your doctor specifically for you. Never give it to anyone else, even if their symptoms appear similar to yours.

## How to store Anoheal® cream

- Store at refrigeration temperature.
- As with all medicines, keep Anoheal® cream well away from children.
- Do not use the preparation after the expiry date.